

BEACHSIDE ATHLETICS INFORMATION FOR DISTRICT COORDINATORS

- **Forward Beachside Aths info attached here** > program, staff information & venue map to your school network
- **MM Aths Entries are due BEFORE 1pm Thursday 10th September** (Armada fill in separate MM Aths file)
Sth Yarra send full MM file JT will extract 2 progressions
Balaclava / Dendy / Holt / Southport / Bentleigh need to provide their OWN MM DATA ENTRY PERSON ON THE DAY <<<<<<<
- District Coordinators bring your district flags
- **Supervision & Duty of Care** ALL Participants must be supervised by an ADULT throughout their time at the venue
The adult needs to have a copy of the program, listen to PA & observe event areas to assist participants
DO NOT BRING SHOT PUTS / DISCUS to the venue !!!
- **Medical Issues: A carer & plan must be in place for your 'at risk' students with asthma, allergies etc.**
Adults supervising participants needs to bring all medications required
- **Students must wear school sport (polo) uniform.** Relay team members must wear same uniforms
- **HJ Risk Management** Students must successfully clear the following heights at District to proceed to Division.
9-10yo girls & boys 1.05m // 11yo girls & boys 1.10m // 12/13yo girls & boys 1.15m
Please clearly mark this on your District HJ sheets so your officials know & can explain progression situation at the end of your HJ events
- **No changes** (reserves or emergencies) to individual events. Can replace individuals in a relay
- **No need to register.** Athletes report to their field event or start area for track events when called over PA
- **Program is subject to change.** Weather may impact on event schedule
- Athletes must be at the venue at least 30 minutes before their event. Encourage athletes to be early !!
- **No ties or dead heats at District & Division** Field event ties will be resolved & track events re-run
- Division > TIMED FINALS (2 heats) fastest 2 from either heat progress to the next level (SMR)
Participants must run to the best of your ability regardless of place or heat
- **Weather, we will go ahead in most conditions,** if necessary we may reschedule, swap or suspend events
Come prepared for the weather
- **Relays** 30m change-over zone (no acceleration zone) Batons will be provided
- **Teachers/Parents/Coaches are not permitted in competition areas, including all areas of the TRACK at any time**
- **Clash of Events: Staff need to brief their students who have entered in more than one event**
Athletes must firstly report to their field events & register with officials.
It may be possible for the athlete to complete some or all of their throw/jumps
Athletes complete track / other event, & return immediately to complete field event.
Field events will continue, results will be held-over but cannot delay the next event
When returning to HJ, the bar will not be lowered, athletes resume jumping at current height
- **Multi-Class athletes & carers** need to report to the results table on arrival for further information
MC athlete & escort need to wear identification wrist band
Schools need to ensure students are supervised & an adult appointed = Duty of Care of participants
Schools / District should consider having a staff member in attendance
- **Protests > Prevent them by knowing your event > rules, set up, measurement, recording results, resolving ties**
Manage comments from parents, avoid upsetting children
Use your knowledge & show support for SSV processes e.g re-runs (No choice if dead heats or timing failures)
- **District Coordinators are required to attend Beachside Athletics**

On the day Balaclava, Holt, Dendy, Sth Yarra & Southport Aths Event Staff

**** Arrive 8.15 to set up for your event & remain until packed up (Cant travel on school bus !)**

**** Aths staff briefing 8.30 in the changerooms** Communication during the day = radios & DW mobile

Marshalling for all first-round events commences 9.30 Events commence 9.45

Aths staffing proforma with roles / duties has been circulated KN OW YOUR RULES & how to resolve a TIE !!

Track finish marshals allocated clear roles. Attach timing sheet, record results, cross-check names & place

Check & double check > lane, name, school

**** Event Information for Aths Staff was emailed to District Coordinators** > Please ensure

Event staff must know rules & organisation related to their event & how to resolve ties. Avoid protests (see above)

Event staff must fill in ALL DETAILS & rank all places on the results sheet

Send only 1st - 3rd placed athletes to results area (changerooms) (No Well Done Ribbons)

NO TIES or DEAD HEATS 1st - 3rd at all Beachside Track & Field events

**** Manage 'Clash of Events'** Track takes priority over field events

Write other event beside the athlete's name. Tell the athlete to return to you immediately after their other event

It may be possible to let the athlete have their 3 attempts if it's a jump or throw event

➔ **DO NOT CLOSE EVENT** or announce results until they have returned. If absent for an extended period > Contact Debby

**** If a student is not on your list, send them to Deb to investigate resolve situation.**

Start marshal (track) record all absentees > hand in start marshal sheet to Deb at end of the day

**** Nick / DENDY > 2x Discus** there are 2x cages

**** Janelle / SOUTHPORT > 2x teams to do Shot Put,** share SP duties throughout the day > only 1x useable SP area

**** Student helpers.** Students cannot be allocated to perform major decision / judging roles

SOUTH YARRA > Lexie to organise Shelford girls Track & goffa's results sheets > **Additional helpers for jumps & throws**

2026 BEACHSIDE DIVISION ATHLETICS CARNIVAL

SCHOOL STAFF INFORMATION

1. DATE: Friday 9th October Events commence 9.45

Entry to the venue 9.00am

Marshalling for first cycle of events will commence at 9.30am

Please inform your students / families, there is no need to register on arrival

Event officials will check-in athletes on location, just prior to commencement of each age group

2. VENUE: Duncan MacKinnon – Cnr North & Murrumbeena Roads Murrumbeena

- Allow plenty of time to find a car park >> Note parking restrictions & penalties apply

3. TIME:

- Staff responsible for conducting events must familiarize themselves with SSV rules
Information was sent to each District Coordinator & can be accessed via the SSV web site
- **Briefing for all Staff / Event Officials > 8.30am in the results room**
- Marshalling commences 9.30am
- Program is subject to change. Athletes must be at venue at least 30 minutes before their event

4. STAFFING: Sth Yarra, Balaclava, Holt, Dendy & Southport District event staff

Event staff must be at venue & set up their event area 8.15 before the briefing at 8.30

Balaclava – LJ 2x

Holt – 2x TJ

Dendy – 2x Discus

Southport 1x Shot Put

South Yarra – 2x HJ & all track events.

Event information will be emailed to staff conducting each event prior to the Beachside Aths

Event staff must know rules, organisation & how to resolve ties related for their event

NO DEAD HEATS !!

5. EVENT INFORMATION:

- Cost: Competition costs will be covered via Beachside Division Levy
- The event schedule is a guide only & subject to change
- Participants must be at the venue 30 minutes prior to their event
- **Weather:** We'll go ahead in most conditions.
Some events may be postponed on the day or deferred to another day
- **Track Events are all TIMED FINALS.** Top 3 runners from each timed final will be held in holding area
Once both times finals have been conducted the times for all athletes are combined
 - fastest 3 over all, receive ribbons
 - fastest 2 over all, progress to the next level > SMR
- **Order of Track Events:** 1500m, Hurdles, 100m, 200m, Relays, 800m
- **Track events sequence:** Start with 12/13yo > 11yo > 9/10yo. Girls followed by Boys
- **Two** heats of 7 competitors for Hurdles, 100m, 200m.
- **One** heat for 800m and 1500m
- **All** track events are timed finals. Fastest 3 (regardless of their heat) will be awarded ribbons.
All track athletes should run with 100% effort regardless of their heat or place
The fastest two athletes in track events proceed to the next level Southern Metro Region.
- **Starting blocks** will be provided by the venue > GECC
- **Maximum** events per competitor – 2x individual and 1x relay
- **No dead heats or ties 1st – 3rd place.** All ties in field events must be resolved with count back
Track dead heats (1st-3rd) will be re-raced
- **Triple Jump take off boards** will be set at > 5m 7m 9m 11m
- **Clash of events.** Athletes must report to each event. Event Officials will assist them
Athletes report to the field event first & may be able to complete some, or all throws/jumps
The athlete can then go to their track event.
If time doesn't allow athletes to complete all their throws/jumps, they go to their track event & **MUST RETURN IMMEDIATELY** to their FIELD EVENT.
The field event & results will be held over for a short time but cannot delay the start to the next event
High Jump: When returning to HJ, the bar will not be lowered, athletes resume jumping at current height
- **Multi-Class Athletes** may participate in 3 events > Shot Put / Long Jump / 100m / 200m / 800m
MC must have participated in training sessions & in their chosen event/s at District level.
MC classification to be emailed to Division Coordinator with the District entry
District Coordinators to forward MC organisational & 'Risk Management' information to Deb
MC without classification (T/F-score) MC athletes are unable to proceed to the next level

6. QUALIFICATION FOR REGIONAL CHAMPIONSHIPS:

- The fastest **two** competitors in the track events (regardless of heat) proceed to Region.
- All athletes in track events should run at 100% effort regardless of their heat or place
- The first **two** competitors in field events will proceed to Region.
- The fastest **two** teams in the relays will proceed to Region.
- All dead heats or tied results (1st, 2nd 3rd) will be resolved during the Beachside Carnival

7. DISTRICT TEAM ENTRIES: Must be submitted before 1pm Thursday 11th September

All dead heats & ties at District Carnivals must be resolved on the day > Only 2 progress to Division

NO EMERGENCIES / NO CHANGES TO DISTRICT ENTRY

8. EQUIPMENT SPECIFICATIONS: As specified by SSV (Primary).

- **HIGH JUMP:** Participants must clear the Division high jump start height at District level.

Athletes that do not successfully clear start height are ineligible to proceed to Division

9/10yo: Girls & Boys 1.05 **11yo:** Girls & Boys 1.10m **12/13yo:** Girls & Boys 1.15m

Bar Rises: 5cm twice, then in 3 cm rises

- **SHOT PUT:** 10 & 11 years 2kg, 12 years - 3kg **DO NOT BYO Shot Put to the venue !!**

- **DISCUS:** 10 yrs - 500g, 11 & 12/13 yrs 750g **DO NOT BYO Discus to the venue !!**

- **TRIPLE JUMP:** Take-off boards will be set at > 5m 7m 9m

- **HURDLES:** 9-11yrs 60cm, & 12/13 yrs 68cm

- **SPIKES:** 9–13yo may wear spikes in all jump events & lane track events

Except 800m & 1500m

Refer to SSV Handbook regarding type and length of spikes permitted

9. MARSHALLING:

- **TRACK** - will commence 10 -15 minutes prior to the advertised start time of events.
- **FIELD** – at stated start time, at event location

10. RUBBISH: Please make sure that your students / spectators put rubbish in bins provided.

11. PLEASE BRIEF YOUR STUDENTS, PARENTS & SCHOOL COMMUNITY

No access to competition areas, including all areas of the track 8.30 – 3.30

Only officials and competitors are permitted on the infield & competition areas

Athletes must be at the venue at least 30 minutes prior to their event.

Program is subject to change

There is no need to register on arrival at the venue.

Event officials will 'check-in' athletes prior to each age / gender activity

Times / Results will not be available on the day

12. LANE ALLOCATION Lanes will be allocated randomly, as per Meet Manager protocols

**ONLY Competitors with Beachside Officials
are permitted on the infield area
NO ACCESS to all areas of the track
8.30am – 3.30pm**

13. ATHLETIC GUIDELINES

- All schools are to be aware of the rules for Athletics (Primary) that are available on the SSV web site. It is imperative, staff conducting the Beachside Aths activities are familiar with the rules related to their event, including SSV information. Refer to SSV web site.

14. PHOTOGRAPHY AND FILMING

(#) All persons taking photos or videos must be briefed prior to the activity

You can ONLY take photos of students from your school.

All other athletes must be unrecognisable (by distance or angle)

Photos & videos can only be taken from designated spectator areas.

No entry to the marshal area, finish area, field of play, change-rooms etc

You must obtain permission prior to sharing photos or videos e.g. social media

All attending the SSV activity must cooperate with SSV official requests at all times

Refer to the SSV – DE&T plus your school Privacy Policies for more information

- Photographs and video (film) images may be taken by SSV, of competitors at SSV Finals and published on the SSV web page and in the media to celebrate their achievements.
- SSV will publish the first name (only) of qualifiers to individual events (Cross Country, Golf, Track and Field, Swimming & Diving) with their school names on the SSV web site for the official conduct and administration of the events.
- In order to celebrate the achievements of students in school sport events, SSV will publish full results from Individual Championships, including competitors' names and schools on the SSV web page and will make full results available to parent sporting associations (Athletics Victoria, VGA, Swimming Victoria) for the purposes of official verification of times.
- **If you wish to have your (child's) name and/or images withheld please contact the Beachside Division Coordinator immediately c/- positivepse.dw@gmail.com**

15. SSV CODE of CONDUCT

- Participating District Coordinators need to ensure all schools in their SSV network are familiar with the SSV Code of Conduct. The SSV Code of Conduct will be actively enforced & applies to all participants, coaches and spectators. Attached here.

Competitors & Officials ONLY permitted on infield area.

All staff share responsibility for keeping the infield area clear of spectators.

There is no access to all areas of the track throughout the carnival 8.30 – 3.30

For safety reasons, events may be paused / delayed if spectators are on the track or infield area.

Failure to cooperate with a SSV or AV official request may result in disqualification.

SSV SOUTHERN METROPOLITAN REGIONAL ATHLETICS

**Wednesday 21st October 2026
Casey Fields Regional Athletics Centre
160 Berwick Cranbourne Road, Cranbourne 3977**

**SSV Athletics State Finals
Lakeside Stadium Thursday 5th November**

SSV ~ BEACHSIDE CODE of CONDUCT

COACHES' CODE OF CONDUCT

- (a) Be reasonable in your demands on player's time, energy and enthusiasm.
- (b) Avoid over-playing the talented players. The "just-average" players need and deserve equal time.
- (c) Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- (d) Develop team respect for the ability of the opponents as well as for the judgment of officials and opposing coaches.
- (e) Accept decisions of all umpires or referees as being fair and called to the best of their ability.
- (f) Do not criticise players in front of spectators but reserve constructive criticism in private or in the presence of the team.
- (g) Do not criticise the opposing team or supporters by word or gesture.
- (h) Set a good example in personal appearance.
- (i) Emphasise that the winning of a game is the result of "team work".
- (j) Make every sporting activity serve as a training ground for life and as a basis for good mental and physical health.
- (k) Emphasise that good sports are good students and are both physically and mentally alert.
- (l) Place the welfare and development of the individual team, and of the child, above win and loss records.

PLAYERS' CODE OF CONDUCT

- (a) Play for the "fun of it" and not just to please parents and coaches.
- (b) Play by the rules.
- (c) Never argue with an official. If you disagree, have your captain or coach approach the official during a break or after the game.
- (d) Control your temper. Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing equipment is not acceptable or permitted in any sport.
- (e) Work equally hard for yourself and your team. Your team's performance will benefit, so will you.
- (f) Treat all players as you would like to be treated. Do not interfere with, bully, or take unfair advantage of another player.
- (g) Co-operate with your coach, team-mates and opponents. Without them there would be no game.

SPECTATORS' CODE OF CONDUCT

- (a) Students play organised sport for fun. They are not playing for the entertainment of spectators only, nor are they miniature professionals.
- (b) Applaud good performance and efforts by your team AND the opponents. Congratulate both teams upon their performance regardless of the game's outcome.
- (c) Respect the officials decision. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach the children to do likewise.
- (d) Never ridicule a player for making a mistake during a competition. Positive comments are motivating.
- (e) Condemn the use of violence in any form, be it by spectators, coaches, officials or players.
- (f) Show respect for your team's opponents. Without them there would be no game.
- (g) Encourage players to play according to the rules and the officials' decisions.
- (h) Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or officials.

Competitors & Officials ONLY permitted on infield area.

All staff share responsibility for keeping the infield area clear of spectators.
For safety reasons, events may be paused / delayed if spectators are on the infield area.
Failure to cooperate with a SSV or AV official request may result in disqualification.



BEACHSIDE ATHLETICS CARNIVAL

Friday 9th October 2026

9.45am. – 2.00pm.

* **Duncan McKinnon Murrumbeena** *

Carnival will go ahead in most conditions. If unsure, check SSV web site or call the organiser
Program is subject to change.

Athletes must be at the venue at least 30 minutes before their event

MARSHALLING commences at 9.30

NO ACCESS TO ALL COMPETITION AREAS FOR WARM-UPS 8.30am – 3.30pm

Including all areas of the track, throughout the carnival

LANE ALLOCATION: Random lane seeding as per 'Meet Manager' protocols

All track events are TIMED FINALS Top 3 from each timed final will be held in holding area

Times for all athletes are combined. Fastest overall 2 progress to next level > SMR

Ribbons are issued for the fastest 3 overall

TRACK EVENTS	FIELD EVENTS	IMPORTANT INFORMATION
9.45am	9.45am	
1500m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys	Discus 12/13yo girls / boys High Jump 11yo girls / boys Long Jump 12/13yo girls / boys	
10.30am	MC girls / boys Shot Put 11yo girls / boys Triple Jump 9/10yo girls / boys	
80m Hurdles 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys		
11.00am	11.00am	
100m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys MC girls / boys	Discus 9/10yo girls / boys High Jump 12/13yo girls / boys Long Jump 9/10yo girls / boys Shot Put 12/13yo girls / boys Triple Jump 11yo girls / boys	

IMPORTANT INFORMATION

- **Lanes are allocated randomly** based on 'Meet Manger' protocols.
- **Two timed finals** of Hurdles, 100m, 200m & relays
- **One** race for 800m and 1500m
- **All track events are timed finals**, fastest 3 competitors over all will be awarded ribbons.
- The fastest **two** competitors in the track events over all will progress to Southern Metro Region Championships.
- The fastest **two** teams in the relays overall will proceed to Region Championships
- The first **two** competitors in field events will proceed to Region Championships.
- **Triple Jump** take off boards will be set at > 5m 7m 9m 11m

Please note, there is no need to register on arrival

Event officials will check-in

athletes on location, just prior to commencement of each age group

ONLY competitors & Officials are permitted on the infield & track areas.

ONLY competitors & Officials are permitted on the infield & track areas.

Program is subject to change.

Athletes must be at the venue at least 30 minutes before their event

11.45am	11.45am
200m 12/13 girls / boys 11 girls / boys 9/10 girls / boys <u>MC</u> girls / boys	
12.15pm	12.15pm
4x100m Relays 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys	Discus 11yo girls & boys High Jump 9/10yo girls / boys Long Jump 11yo girls / boys Shot Put 9/10yo girls / boys <u>MC</u> boys & girls Triple Jump 12/13yo girls / boys
1.15pm	
800m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys <u>MC</u> girls / boys	

IMPORTANT INFORMATION

- **Lanes are randomly allocated** based on 'Meet Manger' protocols.
- **Starting blocks** will be provided by the venue (GECC)
- **Maximum** events per competitor - 2 individual & 1 relay
- **No dead-heats** or ties 1st-3rd Count back or re-run apply.
- **Spikes** may be worn in all 9yo-13yo events except 800m & 1500m
- **Multi-Class events**
100m 200m 800m LJ & S-put
MC events may be combined.
Separate ribbons will be awarded

Clash of Events

Athletes must report to each event. Event Officials will assist them

Athletes report to the field event first & may be able to complete some, or all throws/jumps

The athlete can then go to their track event.

If time doesn't allow athletes to complete all their throws/jumps, they go to their track event & **MUST RETURN IMMEDIATELY** to their FIELD EVENT.

The field event & results will be held over for a short time but cannot delay the start to the next event

NOTE: High Jump: When returning to HJ, the bar will not be lowered, athletes resume jumping at current competition height.

SOUTHERN METROPOLITAN REGIONAL ATHLETICS

Wednesday 21st OCTOBER 9.00am – 3.00pm

Casey Fields Regional Athletics Centre

160 Berwick Cranbourne Road, Cranbourne 3977

Further information will be available on the SSV SMR web site

SSV Beachside Coordinator ~ Debby Wall E: positivepse.dw@gmail.com M: 0419 384 366

* Beachside Athletics at Duncan McKinnon Murrumbreena *

