



BEACHSIDE ATHLETICS CARNIVAL

Friday 9th October 2026

9.45am. – 2.00pm.

*** Duncan McKinnon Murrumbeena ***

- * **Carnival will go ahead in most conditions.** If unsure, check SSV web site or call the organiser
- * **Event times are only an estimate only.** The organiser reserves the right to start any events prior to, or later than, the times shown on the program.
- * **Athletes must be at the venue at least 30 minutes before their event**
- * **MARSHALLING commences at 9.30**
- * **NO ACCESS TO ALL COMPETITION AREAS FOR WARM-UPS 8.30am – 3.30pm**
Including all areas of the track, throughout the carnival
- * **LANE ALLOCATION:** Random lane seeding as per 'Meet Manager' protocols
- * **All track events are TIMED FINALS** Top 3 from each timed final will be held in holding area
Event times for all athletes are combined. Fastest overall 2 progress to next level > SMR
Ribbons are issued for the fastest 3 overall
- * **SSV Beachside Coordinator:** Debby Wall M: 0419 384 366 E: positivepse.dw@gmail.com

TRACK EVENTS	FIELD EVENTS
9.45am	9.45am
1500m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys	Discus 12/13yo girls / boys High Jump 11yo girls / boys Long Jump 12/13yo girls / boys
10.30am	
80m Hurdles 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys	MC girls / boys Shot Put 11yo girls / boys Triple Jump 9/10yo girls / boys
11.00am	11.00am
100m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys MC girls / boys	Discus 9/10yo girls / boys High Jump 12/13yo girls / boys Long Jump 9/10yo girls / boys Shot Put 12/13yo girls / boys Triple Jump 11yo girls / boys

IMPORTANT INFORMATION

- **Lanes are allocated randomly** based on 'Meet Manger' protocols.
- **Two timed finals** of Hurdles, 100m, 200m & relays
- **One** race for 800m and 1500m
- **All track events are timed finals**, fastest 3 competitors over all will be awarded ribbons.
- The fastest **two** competitors in the track events over all will progress to Southern Metro Regional Championships.
- The fastest **two** teams in the relays overall will proceed to Region Championships
- The first **two** competitors in field events will proceed to Region Championships.
- **Triple Jump** take-off boards will be set at > 5m 7m 9m 11m

Please note, there is no need to register on arrival

Event officials will check-in athletes on location, just prior to commencement of each age group

ONLY competitors & Officials are permitted in competition areas.

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Program is subject to change.

Athletes must be at the venue at least 30 minutes before their event

11.45am	11.45am
200m 12/13 girls / boys 11 girls / boys 9/10 girls / boys <u>MC</u> girls / boys	
12.15pm	12.15pm
4x100m Relays 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys	Discus 11yo girls & boys High Jump 9/10yo girls / boys Long Jump 11yo girls / boys Shot Put 9/10yo girls / boys <u>MC</u> boys & girls Triple Jump 12/13yo girls / boys
1.15pm	
800m 12/13yo girls / boys 11yo girls / boys 9/10yo girls / boys <u>MC</u> girls / boys	

IMPORTANT INFORMATION

- **Relay Batons** will be provided
Personal/school batons are not permitted
- **Starting blocks** will be provided by the venue (GECC)
- **Maximum events** per athlete
2 individual & 1 relay
- **No dead-heats** or ties 1st-3rd
Count back or re-run apply.
- **Spikes** may be worn in all 9yo-13yo events except 800m & 1500m
- **Multi-Class events**
100m 200m 800m LJ & S-put
MC events may be combined.
Separate ribbons will be awarded

Clash of Events

Athletes must report to each event. Event Officials will assist them

Athletes report to the field event first & may be able to complete some or all throws/jumps

The athlete can then go to their track event.

If time doesn't allow athletes to complete all their throws/jumps, they go to their track event & **MUST RETURN IMMEDIATELY** to their FIELD EVENT.

The field event & results will be held over for a short time but cannot delay the start to the next event

High Jump: When returning to HJ, the bar will not be lowered, athletes resume jumping at current competition height.

SOUTHERN METROPOLITAN REGIONAL ATHLETICS

Wednesday 21st OCTOBER 9.00am – 3.00pm

Casey Fields Regional Athletics Centre

160 Berwick Cranbourne Road, Cranbourne 3977

Further information will be available on the SSV SMR web site