

Help save our precious water.

Be water wise in the kitchen

1. Turn off the tap

Turn off the tap while prepping food – fill a bowl instead! If your peeling spuds, thawing meat or washing veges, make sure the tap is off. Instead, opt for a bowl filled with water over a running tap.



2. Stop rinsing

Stop rinsing all your dishes before putting them in the dishwasher. Unless those leftovers are really baked on, your dishwasher can probably handle that dirty dish. Put your dishes straight into the dishwasher.



3. Fully loaded

Only wash full loads in your dishwasher. Don't run your dishwasher when it is not full. Wait until you have a full load of dishes stacked before switching on your dishwasher.



4. Keep cool

Keep a jug of water in the fridge. Instead of running your kitchen tap while waiting for the water to go cold, simply fill up a jug of water and keep it in your fridge.

5. Fill the sink

Don't handwash dishes under a running tap. If you must handwash dishes, don't do it under a running tap. It is a better use of water to fill the sink and wash your dishes in there.



Pop these challenges up on your fridge and encourage everyone else in the house to do their part.

**WATER
FOR LIFE**

waterforlife.org.nz