



NEW
IMPROVED
FORMULA
CREAMY TASTE
& TEXTURE



a2 Smart Nutrition[®]

MILK NUTRITION FOR GROWTH[†]

This delicious and nutritious **a2 Milk[®]** based drink has been formulated for children 4+ years of age. Made with pure and natural **a2 Milk[®]**, this fortified milk drink for children also contains carefully selected vitamins and minerals.

a2 Smart Nutrition[®] can be used to supplement a child's diet, when intakes of energy and nutrients may not be adequate.

- ✓ Fortified milk drink for children 4+ years of age
- ✓ [†]Protein & calcium to support normal growth & development
- ✓ Zinc & iron for cognitive & immune function
- ✓ Vitamin A & B₂ to support healthy vision
- ✓ Vitamin D & calcium for bone & teeth health
- ✓ Contains fish oil



MADE WITH PURE &
NATURAL a2 MILK[®]



a2 MILK[®] FROM
NEW ZEALAND

13

ESSENTIAL
VITAMINS &
MINERALS



SUPPORTS
COGNITION, EYE
& BONE HEALTH



NO ARTIFICIAL
COLOURS, FLAVOURS
OR PRESERVATIVES



Common FAQs

How is a2 Smart Nutrition® different to a2 Milk®?

a2 Smart Nutrition® is a fortified milk drink designed to nutritionally support children 4+ years of age. This milk drink has been specially formulated to form a part of a child's diet when intakes of energy and nutrients may not be adequate.

a2 Smart Nutrition® contains 13 essential vitamins and minerals including vitamins A, B₁, B₂, B₃, B₆, B₁₂, C, D, E, zinc, iron, calcium and phosphorus plus fish oil, compared to a2 Milk® which naturally contains calcium, phosphorus, riboflavin, and B₁₂. Compared to a2 Milk® (3.3g protein per 100mL), a2 Smart Nutrition® (4.0g per 100mL) is higher in protein.

How much a2 Smart Nutrition® does my child need?

One serve of a2 Smart Nutrition® is 228mL of prepared drink (2 scoops to 200mL of drinking water). The recommended intake is 1 serve per day for 4–8 year old children and 1–2 serves per day for 9–12 year old children. Use in consultation with your child's healthcare professional.

Can I mix a2 Smart Nutrition® with a2 Milk® instead of water?

Yes, you can mix a2 Smart Nutrition® with a2 Milk® instead of water. Mix 1 scoop of powder with 200mL of a2 Milk®. This will provide 906kJ, 11.1g protein, 365mg calcium and 1.6mg iron per serve. It is recommended to discuss your child's individual nutrition requirements with their healthcare professional.

Ingredients

a2 Milk® whole milk powder (70%), a2 Milk® skim milk powder (23%), sugar, dried fish oil (1.5%), natural flavour, minerals (iron, zinc), vitamins (vitamin A, vitamin D₃, vitamin E, thiamin, riboflavin, niacin, Vitamin B₆, Vitamin C, Vitamin B₁₂), soy lecithin.

Contains milk, fish, soy

Gluten free

Nutrition information

Servings per package: 20 Serving size: 228 mL (2 scoops (36g) + 200mL water)

	Avg Qty Per Serving 228mL	% RDI Per Serving ^x	% RDI 4-8 year olds Per Serving ^y	% RDI 9-13 year olds Per Serving ^y	Avg Qty Per 100mL
Energy	711kJ (170 Cal)				314kJ (75 Cal)
Protein	9.0g				4.0g
– A2 beta-casein*	2.5g				1.1g
Fat, total	7.4g				3.3g
– Saturated	4.9g				2.2g
– Trans	0.3g				0.1g
– Monounsaturated	1.7g				0.7g
– Polyunsaturated	0.3g				0.1g
– DHA	34.8mg				15.3mg
Carbohydrate	16.7g				7.3g
– Sugars	16.1g				7.1g
– Lactose	14.6g				6.4g
– Sucrose	1.4g				0.6g
Sodium	85mg				37mg
Minerals					
Calcium	294mg	37%	42%	23-29%	129mg
Iron	3.2mg	27%	32%	40%	1.4mg
Zinc	2.9mg	24%	73%	48%	1.3mg
Phosphorus	244mg	24%	49%	20%	107mg
Vitamins					
Vitamin A	184µg-RE	24%	46%	31%	81µg-RE
Vitamin D	2.5µg	25%	50%	50%	1.1µg
Vitamin E	1.6mg α-TE	16%	27%	18-20%	0.69mg α-TE
Thiamin (vitamin B ₁)	0.31mg	29%	52%	34%	0.14mg
Riboflavin (vitamin B ₂)	0.82mg	48%	137%	91%	0.36mg
Niacin (vitamin B ₃)	1.27mg	13%	16%	11%	0.56mg
Vitamin B ₆	0.21mg	13%	35%	21%	0.09mg
Vitamin B ₁₂	1.01µg	50%	84%	56%	0.44µg
Vitamin C	20.0mg	50%	57%	50%	8.8mg

% RDI = % Recommended Dietary Intake

^x % RDI per serving for children over 3 years old, based on the Australia New Zealand Food Standards Code – Schedule 1

^y % RDI per serving for age range based on age specific Nutrient Reference Values for Australia and New Zealand

* A2 beta-casein refers to A2 beta-casein protein type

The a2 Milk Company (Australia) Pty Ltd

The a2 Milk Company® Careline

T 1800 224 632

a2nutrition.com.au

Disclaimer: The information contained within this document should not be construed as professional medical advice nor as any health claim associated with consuming a2 Milk® or a2 Smart Nutrition®.

a2 Smart Nutrition® is a formulated supplementary food, designed to be used in conjunction with a healthy balanced diet and is intended for consumption by children aged 4+ years. Not suitable for consumption by children under 12 months.

For more information, please contact The a2 Milk Company® Careline on 1800 224 632.

Made in Australia with over 90% New Zealand & Australian ingredients