

## Planning a fitting farewell: 8 questions to start thinking about

There's a wide array of choices when it comes to deciding what will be included in your final send-off. However, answering these questions should help uncover what matters most to you – that way, you can have a fitting farewell that is personal to you and your loved ones.

Download or print this template and complete your answers to each of the questions, ensuring you're truthful and honest with yourself. This activity is designed to get you thinking about your values, beliefs and what matters to you the most. Once you've finished, this template can be used as a way to start a discussion with your family about your funeral wishes to ensure that you get the send-off that you want.

### 1. YOUR SOCIAL LIFE

Are you a social person, or do you have a small but tight-knit group of family and friends Deciding on how many people, and who, should attend your farewell will likely make other decisions easier.	?
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# Do you believe in something greater? If you have religious or spiritual beliefs, think about how these will be involved in the send-off. 3. YOUR TASTE Would you consider yourself a more traditional or contemporary person? A sombre and traditional occasion isn't your only option - would a celebration of life, marked with bright colours and uplifting songs, be more your style? 4. YOUR STYLE Do you prefer simple or elaborate occasions? Your preference will guide the style and scale of your send-off.

2. YOUR BELIEFS

## 5. YOUR WORLD VALUES

Is reducing your environmental impact a key principle that you'd lived your life by? Would you want an eco-funeral?	
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6. YOUR MORALS	
What are some of your non-negotiable morals and ethics?  These may influence whether you are buried or cremated, or if you wish to donate your body to science.	





## 7. YOUR LEGACY

What do want to be remembered for?  Think about the person you are, your successes and achievements – how will these be highlighted during your send-off?
8. YOUR FEELINGS AND EMOTIONS
Would you consider yourself a sentimental person, or do you err more on the pragmatic side? Consider whether a more emotional or practical send-off would best suit you.





