

Video lesson

Years	Duration
3-5	45 minutes

The wai in our kai

Class-based, video-led lesson

Your students will learn about :

- How water makes our bodies healthy
- Where drinking water comes from
- How water is used in the home
- How water is in our food
- Why it is important to use water wisely

Students will also take water samples from their local waterways and learn how to test turbidity, pH and nitrate levels. They will also learn to identify the bugs living there. Once they return to the classroom, they can examine their samples and their observations of bugs to make an assessment on the quality of the water in their local waterway.

Book the lesson

To register interest please email education@water.co.nz

For more information visit ...
waterforlife.org.nz/water-education-lessons

What you will need to provide for the lesson :

- Screen for watching the video

Per student:

- game activity sheet

Per group:

- paper and pens for brainstorming

Materials for the experiment:

- celery
- food colouring
- water
- jars

For further resources about protecting our most precious resource go to

waterforlife.org.nz

This is a video-led lesson, with one of Watercare's own education co-ordinators presenting.

**WATER
FOR LIFE**