# a2 Platinum<sup>®</sup> Premium follow-on formula

(Stage 2 – From 6 months)





#### Ingredients

Milk solids [whole milk, demineralised whey powder, lactose, whey protein concentrate, skim milk], vegetable oils [soy, high oleic sunflower, coconut, emulsifier (soy lecithin), antioxidant (mixed tocopherol)], galacto-oligosaccharide [GOS], dried omega-3 and omega-6 oils [fish oil (tuna), arachidonic acid oil, sodium caseinate, emulsifier (soy lecithin)], minerals [sodium, calcium, phosphorus, magnesium, potassium, iron, zinc, selenium, copper, manganese, iodine], acidity regulator [calcium hydroxide, citric acid], vitamins [vitamins (A, B<sub>6</sub>, B<sub>12</sub>, C, D, E, K), thiamin, riboflavin, niacin, pantothenic acid, biotin, folic acid], taurine, nucleotides [cytidine 5'-monophosphate, uridine 5'-monophosphate, adenosine 5'-monophosphate, inosine 5'-monophosphate, guanosine 5'-monophosphate]. **Contains milk, soy and fish.** 

\* A2 beta-casein refers to A2 beta-casein protein type.

# The Benefits of Breastfeeding

Breastfeeding is best for babies and provides the optimal balance of nutrition and protection during growth and development.

Good maternal nutrition is important in preparation for and during breastfeeding. If you are considering bottle feeding, always seek professional advice as introducing bottle feeding, either partially or exclusively, may adversely affect breastfeeding by reducing the amount of your own breast milk supply and may be difficult to reverse should you change your mind. Consider the financial and social implications when deciding on a feeding method for your baby.

Improper or unnecessary use of infant formula may affect the health of your baby, therefore, always prepare and use as per the manufacturer's instructions.

## **Nutrition information**

1 scoop (≈8.5g) + 50mL water = 56mL

Energy	310kJ
Protein	2.4q
– Whey protein 50%	1.2q
- Casein protein 50%	1.2g
– A2 beta-casein*	0.41g
Fat, total	3.5q
– Omega-3	93mg
– α-Linolenic acid (ALA)	79mg
– Docosahexaenoic acid (DHA)	14mg
- Omega-6	689mg
– Linoleic acid	675mg
- Arachidonic acid (ARA)	14mg
Carbohydrate	7.9g
Vitamins	
Vitamin A	91µg-RE
Vitamin B <sub>6</sub>	46µg
Vitamin B <sub>12</sub>	0.44μg
Vitamin C (ascorbic acid)	16mg
Vitamin D	1.3µg
Vitamin E	0.99mg a-TE
Vitamin K	6.1µg
Biotin	4.6µg
Niacin (vitamin B <sub>3</sub> )	692µg
Folic acid	10.6µg
Pantothenic acid (vitamin B <sub>c</sub> )	415µg
Riboflavin (vitamin B <sub>2</sub> )	197µg
Thiamin (vitamin B <sub>1</sub> )	76µд
Minerals	
Calcium	82mg
Copper	
lodine	51µg
	16µg
Iron	0.99mg
Magnesium	8.4mg
Manganese	12µg
Phosphorus	59mg
Zinc	0.61mg
Selenium	2.7μg
Chloride	60mg
Potassium	98mg
Sodium	33mg
Other	
Galacto-oligosaccharide (GOS)	410mg
L-Carnitine	1.5mg
Taurine	6.4mg
Choline	13mg
Inositol	5.9mg
Nucleotides, total	3.8mg
– Adenosine 5'-monophosphate	0.82mg
– Cytidine 5'-monophosphate	1.3mg
- Guanosine 5'-monophosphate	0.24mg
- Inosine 5'-monophosphate	0.52mg
- Uridine 5'-monophosphate	0.91mg
Straine 5 monophosphate	0.5 11119

Refer to website for Feeding Guide

## A2 Infant Nutrition Australia Pty Ltd The a2 Milk Company™ Careline

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### This information has been downloaded from a2nutrition.com.au

Disclaimer: The information contained within this document should not be construed as professional medical advice nor as any health claim associated with consuming a 2 Platinum® Premium follow-on formula.

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