a2 Smart Nutrition™ MILK NUTRITION FOR GROWTH*

(Children 4 to 12 years)





a2 Smart Nutrition[™] is made with pure and natural a2 Milk™.

Our a2 Milk[™] comes from cows specially selected to naturally produce milk with only the A2 beta-casein protein type.

Product Information

a2 Smart Nutrition™ can be used to supplement a child's healthy diet, which includes a variety of foods, when that child's energy and nutrient intake may require support.

This fortified milk drink for children also contains 13 essential vitamins and minerals.

- ✓ *Protein & calcium to support normal growth & development
- Vitamin A & B₂ to support healthy vision
- Zinc & iron for cognitive & immune function
- ✓ Vitamin D & calcium for bone & teeth health
- ✓ Omega-3 DHA
- ✓ Made with 90% New Zealand & Australian ingredients
- ✓ No artificial colours, flavours or preservatives

Ingredients

a2 Milk™ whole milk powder (50%), a2 Milk™ milk protein concentrate (30%), sugar, corn starch, tapioca starch, dried fish oil, natural flavour, sea salt, minerals (iron, zinc), vitamins (vitamin A, vitamin D₂, vitamin E, thiamin, riboflavin, niacin, vitamin B₂, vitamin C, vitamin B₁₂), soy lecithin.

Contains milk, soy, fish May contain traces of tree nuts Gluten free

Nutrition information

Servings per package: 25 Serving Size: 225mL (1 scoop (30g) + 200mL water)

	Avg Qty Per Serving 225mL	% RDI Per Serving	Avg Qty Per 100mL
Energy	561kJ		250kJ
	(133 Cal)		(60 Cal)
Protein	10.9g		4.9g
– A2 beta-casein^	3.2g		1.4g
Fat, total	4.6g		2.1g
Saturated	3.1g		1.4g
- Trans	0.3g		0.1g
 Monounsaturated 	1.1g		0.5g
 Polyunsaturated 	0.2g		0.1g
– DHA (omega-3)	30mg		13.4mg
Carbohydrate	12.0g		5.4g
– Sugars	9.8g		4.4g
– Lactose	6.7g		3.0g
- Sucrose	3.1g		1.4g
Sodium	120mg		54mg
Minerals			
Calcium	300mg	38%	134mg
Iron	3.3mg	28%	1.5mg
Zinc	3.0mg	25%	1.3mg
Phosphorus	165mg	17%	74mg
Vitamins			
Vitamin A	150µg RE	20%	67μg RE
Vitamin D	2.6µg	26%	1.1µg
Vitamin E	1.5mg	15%	0.68mg
Thiamin (vitamin B ₁)	0.36mg	33%	0.16mg
Riboflavin (vitamin B ₂)	0.51mg	30%	0.23mg
Niacin (vitamin B ₃)	1.20mg	12%	0.54mg
Vitamin B ₆	0.17mg	11%	0.08mg
Vitamin B ₁₂	0.63μg	32%	0.28μg
Vitamin C	19.8mg	50%	8.8mg

% RDI = % Recommended Dietary Intake

^ A2 beta-casein refers to A2 beta-casein protein type.

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This information has been downloaded from a2nutrition.com.au

Disclaimer: The information contained within this document should not be construed as professional medical advice nor as any health claim associated with consuming a2 Milk™ or a2 Smart Nutrition™

a2 Smart Nutrition™ is a formulated supplementary food, designed to be used in conjunction with a healthy balanced diet and is intended for consumption by children aged 4 to 12 years. Not suitable for consumption by children under 12 months.

Made in Australia with 90% New Zealand & Australian ingredients